



INSPIRED ACTION BLUEPRINT: DREAM, PLAN, ACT

1. GATHER YOUR ENERGY

Do whatever it takes to create the best energy you can in the moment, so that you can take inspired action. This step is crucial. It's the foundation for everything. Don't skip it.

2. CREATE YOUR VISION

Write your bucket list. Choose the top ten. Set a goal/dream/intention and put a date on it when you're ready. Use Edwene Gaines The Four Spiritual Laws of Prosperity to create this vision. Make it as specific as you can while staying in positive energy, and let it be general when needed.

3. GATHER KNOWLEDGE

Learn whatever you need to learn so you don't have to reinvent the wheel. Do research. Find teachers. What resources do you already have? What do you need to know to make it happen?

4. FIND A MENTOR

Again, don't reinvent the wheel. Learn from those who already know. Get their support.

5. CREATE AN ACTIONABLE PLAN

See what it is you want to do and by when. What needs to be done in order to achieve that goal? What are the steps?

6. CHUNK IT DOWN

What's the date you want it done by? If it's a year from now, for example, What needs to be done in six months? In three? Over the next week? Today? This hour? At the end of the day, make a list of five things you plan to get done the next day. What are the priorities for tomorrow?

7. PUT IT ON THE CALENDAR

Get these actions onto your calendar TODAY.



8. BEST NEXT STEP

What is your BEST NEXT STEP? What do you need to do NOW to make this happen? DO IT!

9. CELEBRATE

You got that step done. Celebrate like crazy! Have fun!

10. SHARE

Share what's happening with dream enablers. Get support. Connect with others on a similar journey. Stay connected to LEARN and GROW and bring JOY into your life!

11. ANALYZE THE RESULTS

What worked? What didn't? What needs tweaking? What do you want to keep? What do you want to let go of? What's next? Be optimistic & flexible. Measure at the right time.

12. REPEAT

Do the whole process again, with your next steps. Learn/Do/Learn/Do. Find the energy. Get that support. Take the next step. See what happens. Adjust. Correct and continue. Then do it again.