

Influence Through *Story*

Fast Track Your Business with
3 Must-Have Stories

5-Day Challenge



Day 1, Home Play #1: *Go for a walk.*

Influence requires a shift in perspective. When we tell new and bigger stories, we see the world and our place in it differently.

Go for a walk. The walk can be as short or long as you want. Try walking in a new direction or on the other side of the street. What do you notice?

When you return, post about this experience. All responses welcome! There's no wrong way to do this. Together, we'll learn a LOT about influence when we discuss this tomorrow. Have fun!

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Day 1, Home Play #2: *My Three-Year Vision*

Imagine your life three years from now. You have accomplished everything you've dreamed of and more. You are feeling content, so happy with your life!

You are in a place you love. Close your eyes and see the beautiful scene before you. Bring it closer to you; let it be in full colour. Where are you? Who is with you? Reach out and touch something; you might even hold it in your hands. Feel its weight. What do you see? What does the air taste like? What does this moment feel like? What are you most excited about in this moment and for your day?

Write for 5-7 minutes; just keep the pen to the page. Don't edit. Don't cross anything out. Just write. Embrace what comes, and post your 3-year vision in [our Facebook Group](#).

