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SUMMARY KEYWORDS

read, gratitude, book, chapter, rich, sentence, receiving, people, suggest, talk, grateful, hear, idea, business, offer, listening, science, life, diane, beautiful



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And, and then I want to move into



00:03

that was kind of, you know, introductory and your and your wins and so on. And from here, I want to talk a little bit about, just share a little bit about



00:12

the science of getting rich, your vision, if there's something you want to say in connection with science or getting rich I've given you we've got more time to talk about vision next week, and you've got more time to develop it. And what we do today will develop that. So if there's something brewing to be said, go ahead. But I gave you the task to read the science of getting rich. And so I want to spend just a couple of minutes talking about this amazing book. And, and



00:41

however you relate to it, you might have picked it up and gone. What is this? Michelle, you might have picked it up and gone. This is so cool. You might have gone like I don't get this part of whatever is your experience of it. It's all perfect. It's all beautiful. And you know, sometimes it's a question of the language he's using. Sometimes it's a question of, it's an unfamiliar idea. But I would not suggest that you do something like we eat our own cooking here, I wouldn't suggest that you do something that I don't find extremely valuable. I read as a as I've told you, I've read this book probably eight times before I started reading it every day. Look at it, Diane, look at that, can you guys see that if you're not on gallery mode, you might not be able to see it because later in the recording thing is just me but Dan, say something because it will it'll switch to you. So the people listening afterwards can say it can see it. I've read it quite a few times, you can tell by the different colors.

 01:34

Beautiful, and October 4, I started reading it every day. And I've read there's occasionally because of the how I've decided to do it. Sometimes I've only read three chapters. But I've been reading usually four chapters a day, I have not missed a day since October 4. I don't know how many days that is over 250 days. So to read it once is more than worthwhile. And in fact, I'm going to suggest to you too, there's a 90 day challenge that Bob Proctor gave to Mary Morrissey and Mary Morrissey. I got it from Mary Morrissey some years ago. And then I finally started doing it. That's why I started with in October, Bob Proctor, who was, you know, King from nothing and was hugely successful, he just passed away in the fall. I think it was in the fall. He was in his 80s and amazing, amazing soul.

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And if you if you saw the secret the years ago, he was on the secret. And

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one funny moment that I remember about him, he's like, we were so down on ourselves. And he's like, but I still remember you can watch the secret I love myself. I'm like

 02:37

80 year old guy. And he's like, isn't like remember from the secret?

 02:42

Loving on ourselves, right? Funny guy, fabulous trainer, super heart centered. And he told Mary Morrissey, who's also a fabulous trainer. And, you know, they both built amazing things on the world. He said, Mary, read chapter four 711 and 14 from The Science of Getting Rich every day for 90 days.

 02:59

And if you miss a day start over. So I took on that challenge for the very first time. I didn't miss a day that started in October. And then I loved it so much. I just kept reading it. And then for a while I read one chapter or what was it a group of four chapters for a month, and then I did it different ways. You know, I don't read it over and over. And right now, I'm reading it, the whole thing through every week. I've been doing that for the last five weeks or so I lost track of when exactly I started that. So what I asked you to do this week, I've been doing it every week for the last five weeks, right? So read like four chapters a day. And the way I've been doing it right now is reading chapter 123 and chapter 17 456, Chapter 17. So, but I started with Bob Proctor's challenge Chapter Four to Mary Morrissey, chapter four, 711, and 14. And I'm going to strongly suggest that you do that. And you might go like, I don't even get this book, Michelle,



03:50

I would not suggest something that's not highly worth your while. And chapter four, 711, and 14, it's like a kind of Cliff Notes version of this book that you can get by those four chapters. There are essential chapters, and they're all essential chapters, but you can kind of get the whole gist of it by just reading those over and over. And I tell you, in reading it over and over, even after having read it eight times, I heard it differently. And I'm doing different things. And my life feels different because of it. And so I'm going to suggest that you do that starting today. It's up to you, like this one is a strong, strong suggestion. I'm not going to say, you know, it's an assignment, you know, like the other ones, it's an assignment do this, but it's a strong suggestion in your place, I would do that. And if you go I don't even get this or whatever it is, it will open things for you as you continue to do it. And chapter four, just to tell you about what those chapters are.



04:45

Chapter Four is



04:47

there I want to give you just the correct titles, even though I've read it so many times. I want to I don't want to Yeah, chapter four, the first principle in the Science of Getting Rich so he explains the whole thing in chapter four in a nutshell basically chapter seven



05:00

It's all about gratitude. Without gratitude, we can't get there. And I know that you are all grateful people are you know you are I just know each one of you. But also, you know, you would not be listening to you wouldn't be here if you if that wasn't your nature, that's who's attracted to this work, right. But there's a deeper levels of it right? Chapter Four,



05:20

seven on gratitude, chapter 11, acting in a certain way, what are we actually doing? Because if we just think about it, nothing's going to happen. And how do we actually act in the world? And then chapter 14, the impression of increase? And what that actually means to give to all increase? Like, what does that actually mean? And, and so there is 90 days, if you choose to do it, I'm going to be reading right along there with you, I'll probably read this rest of my life, at least that's how I feel right now. So there's my little blurb on the science of getting rich. And I'd love to hear from you about your experience of it. And also, here's the thing with the science of getting rich.



06:01

In this is unusual. because I



06:04

I don't want to focus on any kind of disagreements with it, or I think he's wrong about this, or I want to see what you can pull from it that is useful to you. Right? So not kind of like, well, let's debate the merits of this one particular idea. Maybe there's some ideas in here you don't like that's okay. That's not the place to talk about that right now. And just just, there are some things in here that are useful. What did you find useful? Kind of like when we talked about Shavasana? You know, not what we focus on expands not that all the things are drawing you back. But what was helpful to you. So the Science of Getting Rich, what do you remember? What resonates with you? What, what did you find helpful? You read the whole book didn't like any of it, but you like the last sentence, whatever it is. Talk about the last sentence then.



06:49

Yeah, Heidi, and then Diane?



06:52

Well,



06:54

I was reading it on a plane, so I didn't have a highlighter. So you see all the dog eared pages? I will wait, that was on the next page. I'm folding them. And I don't like to do that to books. But I was like, Ah, I have to remember this. The whole book is dog geared.



07:13

And, you know, this is not less is more because every sentence is. Wait, we wait, wait, we wait, no, wait, wait, no, wait.



07:25

It was amazing. And two main things. One that I think I should read every day is the permission to want to be rich, as something of integrity, not something sleazy. I think that idea alone, and he's like an eye and I don't mean abundance, just like all the other kinds of abundance, I mean, money, like he's like,



07:53

and I was, okay, I needed this. And the other friend posts, posts, they're like, if you're saying such important things. right? If I am fighting with money. I can't grow my business. I can. I'm

not going to receive it from others. If I don't open up my channels of receiving for that one idea alone. Read that over and over again. And because we get conditioning in our culture, that's very different from that. And my daughter, just today was talking to me about Mark Cuban. And she said, like, she said, I'm Mom, I'm not really big on billionaires, but he's one billionaire I really admire and like, I really like what he's doing. And then here's the good things he's doing, you know, and so we have a lot of ideas in this culture that, you know, money somehow money is the root of all evil or all that kind of stuff. We can't build a business then. And I that stopped me for years and years.

 08:48

I'm like, there's there's good and there's money on the side, I'd rather be good. I'd rather be helpful. And but that dichotomy itself that that being against those two things being against each other, will stop a business in his tracks, no matter what system structures offers everything else. So thank you for underlining that. And also, I want to say the less is more part even though you're saying it's not. This is a very short book, and he says, just read this book, you don't need other books on this topic. And it's like, it's just a little tiny book. And there's, in less is more in the sense that there's nothing as I read it, there's nothing extra in this. There isn't a piece where it's like, let me toss this idea out. The more I read it, the more it's like, you know, I mean, I just

 09:30

opened it up at random. This is the beginning of chapter 11. It just so happens. Thought is the creative power. So a random sentence from it. FOD is the creative power. We are creators.

 09:42

Right and not competitors. But creators thought is a creative power. Your own ideas can change how you create, how you act, how you be in the world and that have sentience, that is the creative power, or the impelling force, which causes the creative power to act. There's creative power in the universe. And when we think we activate that

 10:00

There's a lot said in that in that half sentence, thinking in a certain way will bring riches to you. But you must not rely upon thought alone paying no attention to personal action. Oh, right. Let me think my way to growing my business, a lot of entrepreneurs fall on that one sentence alone if we actually understood that one sentence, and actually did what it says it would free up, probably 90% of entrepreneurs are failing in that one sentence that I opened the book at random.

 10:26

So, thank you, and then Heidi. Hi, Marie. Hi, Karen. Heidi,



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you were about to say a number two about science. And there's a two and a half or so.



10:39

Were two is, um, it was I was trying to hold off on the dog years. And then I hit the sentence. I said, Okay, here we go. We're starting.



10:51

You can help others more by making the most of yourself than in any other way.



10:57

I was like, Oh, that's my whole business. There it is. There it is. So that was magnificent. And it was there too. Yeah. So it is the essence of stage to step into your big self. As we do that. That's how we be of service of planets. So it's like this reading this is very integrated with with what we're doing. Thank you, Heidi beautiful. And then



11:22

the two and a half the extra piece was what?



11:26

Noticing a synchronicity. And over the weekend, I was with a friend I hadn't seen in a very long time. And she asked me about Wordle, which is a word game that's very popular here. And I said, you know, I've heard of it, but I don't know how to play. And so we said let's play one game of it. And we're having trouble having trouble anyway. At the very end, I said, oh, and I got the word and they're all five letter words. And the word was impel. And that's the word you just read Michel.



12:01

And like, we said, Wait, how does that compare to compel? We were playing with the word impel. And then you've read it just now i Okay. Universe, this is say, Heidi.



12:16

Pay attention. There are no accidents. I live my life is reverse paranoid, but because I choose to

the universe conspires to support me. Right? Yes.

 12:26

And how does the universe conspire to support me he talks about that, right. And again, however,

 12:33

you know, that people sometimes say woowoo, it's, you know, but I remember talking to Jack Canfield, and he said, you know, just one Whoo, out there in the world, because people can't take woowoo stuff, just one, but he is very woowoo. But it can come across as very businesses. But we don't need to believe in something like really what's you know,

 12:54

out there to to understand that places have energy, for instance, right like that. There's energy in places like, walk into an eight year olds birthday party walk into a funeral, they feel different, there's a different energy in the room, so we can understand it in very basic practical ways. And Diane, I see you nodding, of course, of course. Yeah. Heidi, thank you beautiful. Diane signs of getting rich. So I wanted to talk about it, because I suggested to you when we're just before Dan speaks so sorry, Dan. Just I suggested to you this one's a suggestion, not an assignment. But I strongly suggest you do the 90 day challenge of Bob Proctor given to Mary Morrissey, read chapter four 711 and 14 for the next 90 days. And just watch what happens because you will hear it a different at different levels. And if you do so, this is a great use of our program channel. This is something about the program that I've suggested. And you could you could post there, for instance, I'm doing the 90 Day Challenge is anybody else? Let's do it together. Because there's power in unity, right? So just noticing the

 13:56

resources that you have, that's a program thing, I just suggested that to you, I'm not assigning it, and you can connect with each other. So you're doing it together. And today would be day one, if you choose, right. So Diane, about the science of getting rich and almost like I love all that highlighting.

 14:14

Well, I have a big bookmark and stuff beside

 14:20

page 129. And it talks about the mental exercise to work with our subconscious. And it says, say with deep earnest feeling I can succeed or what is possible to anyone is possible to me, I

am successful, I do succeed, or I am full of the power of success.



14:43

Oh, and you know what?



14:45

And that is actually I happen to have the same addition and in case you're going like I didn't read that. There's an extra essay in this version of it. And it's called How to get what you want. I love that essay as well. So if you're going like where did she pull that from, like one page



15:00

1.0, right, that's from the extra essay. But it's all well, it's models, it's energetically absolutely connected with all that you're reading in the science of getting rich. And, and, and read it again for us because it is completely resonant with everything he's saying earlier on. So it's, it's a special extra extra bonus from this addition.



15:20

I can succeed, although it is possible to anyone is possible to me, I am successful. I do succeed, for I am full of the power of success.



15:36

Thank you.



15:38

And, you know, I've said that, you know, affirmations vision boards, they don't always work. So it depends on let me just say this depends on the energy we bring to this when you're in your worst mood, and you feel like killing everybody on the planet and just like going to like, not just like, oh, one of those days, right? And then you read that you're gonna read it ironically, you're gonna go well, yeah, that's nice for him to say, You know what I mean? And then it actually doesn't make a difference. So if that's your energy about this right now, then just come back to it at a different time, or connect with somebody else who's able to hear it at the moment. And it's okay that your journey feels like that. It's all right, right. So nothing is nothing is wrong, if you feel like that in a moment, right? But in the moment, like Diane is right now know in that knowingness, and then we read that. And then that helps us to create that empowering story. And to remember who we are again, that's a big self. Oh, right. That's my birthright. And instead of then, instead of creating widgets, like let me sell something for \$5, and then \$10, and then someday, 369 years from now, we'll sell something for our \$129. And like the Can you hear what I'm saying at the unworthiness in that, and they're not stepping up to actually do

what what I can do on the planet that really serves and supports people? And then that, and then the ripple effect in all of our lives with that, too. So Diane, beautiful. Yes. Thank you. Thank you. Thank you. All right. Let's hear maybe one more. Yeah. Anna Maria, has this journey been for you. And again, it's okay with me if there were like 10,000 things that you didn't like, but there's one sentence you've loved, it's okay. What you focus on expands. And maybe if you didn't resonate with pieces of the book, or it was confusing, or whatever it is, you'll pick it up from what people are saying here. Right, so that that hopefully will be of assistance to you. So Anna Maria, what did you hear that you loved? I am I read the book before. And one of you mentioned it, sometime in one of the sessions we had, so I read it, but I remember not getting much. But missing, oh, this is interesting, but really didn't get a lot of it. And now they started reading and again, when you really suggested to do it.



17:44

So I was more much more open to receiving all all the ideas in the book. And one of the things that I noticed a lot that resonate with me a lot is



17:58

when he talks about the could be places where there's poverty, that there's people that don't have, but don't focus on that yourself. Because sometimes in the past, we'll focus on these people are poor, these people are suffering. So you think you have to stay with them and in that in that realm, but then I, it was really helpful for me to say, Well, don't focus on that, because how are you going to help them focus in on, you know, on poverty and not having?



18:27

Thank you. So beautiful, I've got chills when you say that. And that one idea have stopped me for many years, like on trend and transforming that the idea, it's one sentence and that, you know, like it's another one sentence in there, change. Everything's like, well, there's, you know, if there's so many people



18:45

suffering and poor, you know, that, therefore, I've got to focus on poverty, but it's like, focusing on illness just creates more illness focusing on, you know, like, don't do drugs, right, it's created more drugs, and you know, like, just focus on when we, when we put that intentionality on it, it creates more of that. And instead, instead of



19:07

those who have the means focusing on poverty, like show that it's possible, be rich yourself, and by your example, people know that it's possible.



19:21

You empower people by actually doing it. And then the intentionality is to have more people who are poor who don't have delegate in their I mind, the idea that they, they too can be rich, right? They, they too can be can can receive and, and so then that's also because in a roomful of heart centered people, it's like, well, I can't have because there's other people's suffering right now. So I'm just going to stay small, and therefore somehow, my being small is going to help people kind of like, there are people who don't have things to eat on the other side of the world. So I won't eat all the potatoes on my plate because sometimes out somehow that will help them I don't know. It's like, it doesn't



20:00

No, it doesn't help purpose to do it yourself and prove to the world and be among those proving to the world that this is possible. And then he says also like how you do that. So thank you Annamaria. Beautiful. But how you do that? It's like on the creative instead of the competitive plane, I'm going to have mine in you. So you can't have yours. No.



20:21

So and that's chapter 14, how we create the impression of increase that every interaction, we uplift with every single thing we do. So it's Win, win win. It's not Well, I'm gonna have mine and you don't have yours. And then what kind of a world do we create? He was such a visionary. I looked up just a couple days ago, when when did the Wright Brothers create the airplane home because he was like, he has that sentence about aerial transportation will be a big industry. He wrote this in 1910. He died in 1911. And the Wright brothers did their thing. And what was it 1904, something like that. I just looked it up. I forget the exact date now, a few years before, and the first kind of commercial flight at all was like, happening? Well, he was writing this and across the world in Germany, or something like that, you know, it wasn't even there at all. was like he was a visionary. He could see beyond it gets, you know, like, go over there. And yes, it's possible for you and every person listening to this. So a hugely democratic impulse in him, which resonates with me to like, this is open to all. Thank you for that. Annamaria. Beautiful, all right, anything. And again, if you read and you go, Hmm, maybe this will send you back to it, there's more there than you may have access the first time around, and Annamaria Oh, thank you as well, like the first time it was like whatever.



21:40

And I remember one of my teachers in a different this isn't a yoga field. But she was talking about a book, she said she read it. And it was a Yoga Book. And she was like, Man, this writer's not too smart. And then she read it 10 years later, same book. And she said, it's amazing how much the author has improved in the in those 10 years.



22:00

Severe exactly the same book. So if you didn't hear it the first time, Anna Maria didn't either. And now she's hearing it. So there's, I wouldn't suggest it if there wasn't much, much there that

will add each sentence will change your business, when you've got a chance and your life. I really don't say that lightly. So science of getting rich. And just a couple of things that I pulled out almost at random, a couple more ideas from it, and then we'll move on. But I wanted to give you some energy to go back to this book, again, to read at least read it at least once. But I've read it countless countless times now and take on the challenge, if you so choose, maybe later on electric paraded as an assignment right now, I'm not doing that, you know, it's like if you choose, but it's a strong, strong suggestion and get together with others and do that and watch your life change. And I, because I've listened to it to it so many times, like four times a day, that's a lot. But I have it on audio, I have the book, usually it's on audio, and I've listened to it so many times, sometimes I listen to it on double and triple speed. Now, I'm not usually that kind of person. But I've heard it so many times, I could hear it that fast. If I want to today, this morning, I was listening to it on single speed, you know, on regular speed. So, but there's ways to fit it in, even in a full life. And any one idea would change the efficiency of what you're doing. So that, you know, it might it could save you months of your journey. Alright, so and chapter so couple couple things chapter 12 efficient action, it's not the number of things you do. It's making every act of success.

 23:31

It's not the number of things you do. Like, for instance, Karen, what you did in front of the room in that one minute.

 23:38

We were we were there in Phoenix at an E Women event. And then just even that one idea that I shared with you is like oh, do a draw for a massage. It's really effective. Right? And then how you made that one act effective? And actually can will you tell them about the different results in those two different rooms when you had the chance to do that and didn't have a chance to do that? This is exactly about efficient action. And he talks about it and it can save you months.

 24:03

Yeah. So Michelle had I had a showcase table at the meeting and you have 60 seconds to say something in front of the room. And Michelle astutely suggested that I give away something like a massage something that everyone would want. And so I one of the members is has a nail salon and everyone that I love the people like get their nails done there. So I did that. And I had

 24:27

30 people out of 5034 people out of 50 put their names on it was 45 in the room and then 45 in the room. Okay 30 many 35 Yeah. 3534 out of 45 people. That's fantastic. And so the next day I had a showcase table in the Tucson event and it was zoom, and I didn't have any freebie. I didn't plan ahead enough, frankly, but there I didn't know what anyway, I just didn't have freebie and I got to be

 25:00

But out of the 20 people that were in the room, so having, spending that extra little oath just to get people to get my freebie the freebie was a, I don't have a difficult conversation seven ways to make a difficult conversation easier. And so yeah, now they get my freebie and they got the Android, the raffle, one idea, efficient action is not running around like chickens with our heads cut off and doing a million different things. It's like, what's the efficient action? We'll do that with offers today, right? So then chapter 12, or chapter says from chapter 12, thank you chapter 14 The impression of increase, he said, even if it's just a stick of candy for a kid, even if it's not somebody that you're going to do business with every single person when you when you're interacting with them, that their life is uplifted by you, what a great way to live. And then that's just how our business is. And, and so that's chapter 14 is all about the impression of increase were actually uplifting all the time, because that's how we'd be in the world. And that's how our business is built, where we're giving back more in use value than what we charge in cash value. But how to do that, and create a growing business and not have it come out of our skin like all that's in there as well. Chapter Seven gratitude. And I just wanted to share this piece with you. It's on page four, it's chapter seven, it'll be different pages in different editions. But

 26:22

here's an I know that this group, you've probably even had a gratitude journal or you've done a gratitude challenge, or you've tried to talk to people about gratitude. This is a grateful group. But there's a next level for everything, how crucial it is. And, and it's one of the key things that I learned from Jack Canfield in night in 2010. He was on a something that I'd heard and when I repeated it back to him because I am like I was just on your thing a week ago, and this is what I learned. And he said, You never know who's listening. And he was just beaming, he was so happy. And I didn't know what he was teaching me was something right out of the Science of Getting Rich,

 27:02

that you have to connect vision with gratitude. If there's no vision, if there's no gratitude, the vision will not matter. Like we can't get there. And here's what he says the value of gratitude does not consist solely in getting you more blessings in the future. Oh, it's about that. It's about the vision. But it's more than that. Without gratitude, you cannot long keep from dissatisfied thought regarding things as they are.

 27:26

Without gratitude, in the mind, this is wrong. That's wrong. That's wrong. It could be even about this book, but I don't like this book, Michelle.

 27:32

And it's natural means you're human I do to ask my daughter, but I want to get better and better at it. Right? He says the moment you permit your mind to dwell with dissatisfaction upon

things as they are, you begin to lose ground, you fix attention upon the common and he's speaking like somebody in 1910, right. But the midpoint made you fix your attention on the common the ordinary, the poor, this would mean and your mind takes the form of these things.

 27:58

It actually changes our mind. And now, you know, neuroscientists know that it actually does,

 28:04

physically does he didn't know that and it did right, then you will transmit these forms or mental images to the Formless, and the common the poor this world and mean will come to you. To permit your mind to devote dwell upon the interior is to become inferior, inferior and to surround yourself with inferior things.

 28:21

how dangerous it is, in a sense to not be grateful, but not wrote gratitude. Like I'm grateful for this grateful for that grateful that but when we actually feel any of it, and underneath is a sea of why me Why is it not better for me? How come I'm not moving faster, and so on. It's like, investigated and notice it right. And he says,

 28:39

the creative power within us makes us into the image of that to which we give our attention.

 28:45

We are thinking substance and thinking substance always takes the form of that which it thinks about. The grateful mind is constantly fixed upon the best, therefore tends to become the best. It takes the form or character of the best and will receive the best. Also, and this is a crucial point. Faith is born of gratitude. The grateful mind continually expects good things. Remember every time in shavasana I'm saying would you love that? Would you love that? Would you love they're always grateful for what worked for you what works for you what works for you or work for you? The Grateful man continually expects good things and expectation becomes faith.

 29:22

Oh, how can I believe Michelle that this thing is going to happen? I don't think it's gonna happen. Oh, back to chapter seven gratitude. The reaction of gratitude upon upon one's own line produces faith, and every outgoing wave of gratitude, grateful thanksgiving increases faith. He who has no feeling of gratitude cannot long retain a living faith. And without a living faith. You cannot get rich by the creative method as we shall see in the following chapters. It's

necessary then to cultivate the habit of being grateful for every good thing that comes to you and to give thanks continuously. And because all things have contributed to your advancement, you should include all things in your gratitude. Did you hear it?



30:00

just said, like all things,



30:03

all things



30:10

Yeah, brilliant.



30:13

And how to actually do that right, Marie Go ahead.



30:18

I'm not sure if this belongs here or not, but it kept coming up. So one of the things that helps me in my own gratitude practice is to actually take it, like inside of me. So I found that with writing about gratitude, it's still felt like somehow is a little bit external. But instead, what I'm asking myself knows, what am I receiving. And so it helps you to actually take it in at a deeper level. So I've shifted my gratitude practice to a receiving practice. And it's really shifted a lot for me, and how every Thank you beautiful Marie, and how ever you do that, for me, I got something that's an app called gratitude rock journal. And from the same time that I started reading this October 4, it was it was just a it was a few days after my mom's funeral, you know, which was September 25, I started doing these practices I had sporadically and in different ways before, and now it's intentional, have not missed a day in my gratitude rock journal. And it's how my day started this morning. And not It's not head knowledge. It's actually like, Oh, my goodness, you guys are in my gratitude rock journal was so grateful for each and every one of you, you know, so gratitude. And then I want to share with you so just in case again, you go like, what's this book about? The depth of this and how what much it dovetails with what we're doing here? The the very last chapter is an outstanding summary. I want to memorize this chapter. I'm working on I've been reading it. I've been reading it every day. Now for the last. How long was this 140 days, I think, along with the other chapters and reading, and just the very last paragraph, the men and women who practice the foregoing instructions will certainly get rich. It's not maybe, but there's a lot of pieces, right? Yeah, I'm grateful why that guy because he harmed me. And you know,



30:06

11 32:00

the men and women who practice the foregoing instructions, will certainly get rich, he doesn't say maybe. But there's a lot of pieces to learn as well. And I'll read it over and over again. And the riches they receive will be in exact proportion, to the definition definiteness of their vision, stage one all about vision, the definiteness of their vision, the fixity of their purpose, I'm actually going to go do it. It's not just a pipe dream, right, the steadiness of their faith, and the depth of their gratitude. And we were just talking about those last year, right? That one sentence alone, if we just actually enacted that would change. This is a complete change of our destinies. The one last sentence, for instance. All right. So what chapter was that? Michelle, that's the very last sentence in the book, chapter 17 is the last chapter. And that whole last chapter is outstanding, because he summarizes he really does summarize everything in the rest of the book, we just read that it wouldn't mean anything. But I'm reading it every day, so that I get it a deeper and deeper levels of my being, because he's saying, You, you, abundance is yours. And like Heidi said, it's not just Well, I feel abundant, but you know, I feel like I can't afford this slice of cheese.

33:24

Real abundance, and real wealth, and it's okay, that's, that's actually spirit living through you. And then you can enable others to do so as well. Right, and, and that. So giving oneself the permission to do that. And then that as we do that, the more we do that remote, the more we're uplifting others. That is all about upliftment, and we actually think about it do you remember the story about says, you know, if I go give this person up in the north, and remember, this is over 100 years ago, he's writing this, and I sell them a painting, but they didn't need the painting, even though the painting is really valuable. I've really wronged that person. So there's an ethics in this book, too. But I given this as this, in this case, a gun because they're hunters, right?

34:09

And then his life will be enriched by this. So then I've done something ethical, and this book isn't worth the money you paid for the paper, and it's not worth it. But if these ideas bring something so much more to you, you've not been wronged in the purchasing of it. So that our whole and this is so foundational for our offers, right?

34:31

Because we will be asking for a fee that is not worth the paper. But the ideas utterly transform and uplift someone's life. It's Win, win win. So it's foundational for how we create an offer ethically and in alignment and that can reach big do you see how that's the foundation of offers? So I wanted to start here with the Science of Getting Rich spent longer on it than I that my notes say, but I'm like, This is so foundational and you'll have this to go back to about signs of Getting Rich

35:00

just well, anything else wanting to be said about this, what I think is just a beautiful and far

reaching book that is so far ahead of his time, and so far ahead of our time now, and he wrote it in 1910.



35:13

Anything else wanted to be said?



35:16

Okay, let's just close this part off and I'm gonna start another little mini recording, then let's close this part off with just one or two or three words from each person about something you've received, either from the book or from the discussion of it. Whatever your experience of reading the book was something like Oh uplift or whatever it is, or Oh, creative, not competitive, or Oh, impression of increase or Oh, the last sentence or I don't know, there's a lot or Oh, gratitude, deeper level or gratitude. It can, I can use my own word for it, you know, receiving or, you know, etc. Right.



35:50

Actual embodied, practiced, and the connection with our offers. It could be anything, I don't know, one or two or three words, Dan, you're in my upper left hand corner



36:03

the importance of gratitude, deep gratitude. Yeah.



36:08

Heidi.



36:15

Our offer help someone else feel gratitude?



36:20

Wow, yeah, nice, beautiful



36:23

Annamaria.



36:29

Openness to receiving.



36:33

When we really read this book and get it, this book cannot help but do that if we actually take it in? And otherwise, how can we create that offer we can't receive, we will stall ourselves in the creation of the offer.



36:48

And when we do open up those channels, so much it's the offer and so many other things in our businesses in our lives. Thank you, Marie.



37:00

How when we



37:04

integrate expansiveness and embody expansiveness that attracts expansiveness and other
Yes, beautiful, Karen.



37:15

It's so hard to come up with one thing. Ever phrase, steadiness of faith.



37:22

Stay the course. Believe in yourself. practice gratitude and steadiness in practicing all these things. It's it's part of that lessons. So much. Studying as a face encompasses everything. That last line, I've listened to it over and over again, I've written it in my phone, I just I want you to know that at the deepest levels of my soul,



37:44

the men and women who practice the foregoing instructions, as the end of the book will certainly get rich and the riches they receive will be in exact proportion to the definiteness of their vision,



37:53

the fixity of their purpose, the steadiness of their faith, and the depth of their gratitude, all throughout this two year journey.



38:04

This behind it.



38:06

Yeah, thank you, Mary. Kay.



38:11

Receiving



38:14

more from Ty is one of my horses. Ah, I love it. I love that it's so personal to you to like taking this and it's your own in your own real life. Yes, thank you. Alright. So that's the Science of Getting Rich, chapter four, 711 and 14, I strongly suggested I've done it, and then continued on because I just couldn't stop 90 days. If you miss one day you start over. And there's a reason for that, too. Because after a certain time, you start to get rewired in this way. And something in us editor, the editor is going to rebel and go no, no things are changing. Go back to the way it was. So we accidentally miss a day. Mary, Mary Morrissey talks about that he was on day 53 or something and one day she just forgot. So I have a green card. He saw my green cards the other day. This was a blank one, but I have a green card on my bed. You know, it sits on my bed at night. And I'm like, I get to the end of my day and I like right I didn't do that. I'm brushing my teeth and got my headphones on listening to it. Or I'm sitting down and reading it, you know, that many days in a row and also what it gives you is the intensity, the intensity of purpose. I want to absorb these ideas. I can trust myself that I will intend something and it will get done. So it does things that many many, many levels right. Okay. Really beautiful signs of Getting Rich into this piece.